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| Core PE | **Curriculum Team Vision** |
| At OMA we believe education is for everyone, that all students irrespective of their backgrounds, will be exceptional pupils, so they are equipped with the necessary knowledge, skills, qualifications, and mind-set to contribute positively to society.   Everything we do in the vocational faculty is aimed at providing an ambitious and challenging curriculum which inspires, motivates, and exploits the limitless potential of all our students. This will be achieved by us ‘*being inspired by the past - creating excellence in the present- by embracing the future’.*    Our long-term aim is to produce thinking, adaptable adults capable of taking his / her place in a changing technological society. We strive to create distinctive and dynamic partnerships between students and the world or work, forging active relationship with industry-based external training providers and employers.    The vocational curriculum seeks to promote an educational culture which is scientific, technological, creative, healthy, and entrepreneurial within the framework of the school and national curriculum. In addition, our faculty aims to provide the excellent practical technological, scientific, and holistic communication skills needed by our manufacturing and service industries within the UK and global markets. Thus, ensuring that our students will be well-educated and skilled, ready, and able to progress into employment, further training, or higher education according to their individual aptitudes and ambitions.    The faculty will be truly cross-curricular and will use aspects of many subjects to aid the students when developing innovative ideas and solving problems individually or as a team. The only boundary to making an impact in the future is our ‘*imagination*’ and our ability to ‘*engineer’* the solutions that could affect peoples’ lives. Students arrive and leave our faculty with a sense of wonder in learning…. that they will carry with them for a lifetime.   **Pupils should be taught to:**  The aims we have for students are:To develop a love for sport through engaging activities, success and competitive sport in lesson and extracurricular activitiesGive students the knowledge to be able to lead a healthy active lifestyle and understand the benefit of doing so.To develop, a wide range of transferrable skills so they can take part in a variety of different sports and physical activitiesDevelop confidence in sport and the interest to get involved in exercise in sport out of school as well as in school and in later life.Finding fun through a rich and varied sports and physical activities program.Be able to understand factors that impact performance in sportHave the confidence and skills to be able to coach a sessionUnderstand key systems in the body  |
| **Careers in sport:**Professional sport, physio, nutritionist, sport coach, rehabilitation, data analysist, sports journalist, performance analysis, scout, talent program, PE teacher |

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| Subject: PE: |
| Terms | **Topics covered** and **core knowledge and skills** | Links to careers | Links to the Knowledge organiser and other additional resources |
| Half term 3 | Learners to access a 6-week block of both Basketball and Fitness. Students will continue to work on skills required to be able to take part in Basketball effectively. This includes dribbling, defending, shooting and passing. As they access the KS4 curriculum they will become more independent learners and be able to self and peer assess. Students will look at tactics involved in basketball and how to attack and defend as a team. In the fitness curriculum students will become able to independently have the information to be able to understand key muscles and bones in their body. They will be able to understand a variety of training methods and how to lead a healthy active lifestyle. They will undergo a variety of fitness tests and have the knowledge to know how to improve these components of fitness. | Nutritionist PhysioSport coachPE Teacher |  |
| Half term 4 | Learners to access a 6-week block of both Hockey and Rugby.Students will continue to work on key skills learnt at KS3, passing, dribbling, shooting and defending. Students will learn a more in depth understanding of the rules of Hockey. Students will start to learn attacking and defending tactics and be able to implement them into game situations. Students will continue to work on key skills learnt at KS3, passing, carrying the ball, tackling, mauling, rucking and lineouts. Students learn advanced techniques in mauling, rucking and scrumming. Students will gain a deeper understanding of the rules of rugby and be able to fully participate and officiate gameplay. Students will be able to partake in several different attacking tactical plays and understand defensive techniques involved in rugby. | Nutritionist PhysioSport coachPE Teacher |  |