

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	What are first impressions?	How do rules and laws differ?	What is news?	How can I optimise my physical health?	How can I manage stress?
	2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?	What else should I know about drugs and alcohol?	
	3	What is self-esteem?	What crimes occur near me?	How can I verify information?	What do I remember about essential first aid?	How can I deal with disappointment?
	4	What makes a relationship healthy?	Who is involved in the legal process?	How might I be manipulated?	How can I identify meningitis and strokes?	
	5	How are families different?	Are all courtrooms the same?	How can I REVIEW my news?	Should vaping be banned?	How might my health affect my exam performance?
	6	What do healthy friendships look like?	How am I influenced?	What is body image?	What is cancer?	
	7	What is bullying?	What do I need to know about gangs?	How might the media influence how I feel about the way I look?	How can I identify potential cancers?	Am I allowed to vote?
Autumn 2	8	What is cyberbullying?	What should I know about knife crime?	How might drugs affect us?	What parts of our bodies can be donated to others?	
	9	How can I take a stand when I see bullying happening?	What is grooming?	Why do people use drugs?	What services are available to manage my health?	Allow loss of lessons for Mocks
	10	Is everyone treated equally?	What does 'county lines' mean?	Why might people use steroids?	What are human rights?	
	11	What are stereotypes?	What is extremism?	What does the law say about drugs?	How can we balance human rights?	How can I vote in a General Election?
	12	How might people with disabilities be treated?	What are hate crimes?	What risks are linked to drug use?	Do I have the right to say whatever I want?	
	13	How can we deal with racism?	How can I share key information about crime with others?	What is addiction?	Should my privacy be protected at all costs?	Is our current electoral system fair?
	14	What support can I offer to others?	How can I share key information about crime with others?	Should cannabis be legalised?	What rights do asylum seekers have?	
Spring 1	15	What is health?	What does caffeine do to my body?	What do healthy, romantic relationships look like?	How does the law try to protect victims of FGM and GBV?	How democratic is the UK?
	16	How can screen time affect my health?	What are prescription drugs?	What is consent?	What is sexual harassment?	
	17	How much sleep should I be getting?	What are units?	What are potential signs of abuse?	How might people show their commitment to their partner?	How realistic is pornography?
	18	What makes vaping addictive?	What are the physical effects of drinking alcohol?	What does the law say about sharing nudes?	What might people think or feel about sex?	
	19	How can I look after my teeth?	What are the social effects of drinking alcohol?	How are condoms used?	What risks might be involved in sexual acts?	How can people maturely end a relationship?
	20	What are the benefits of physical activity?	How can I manage influence and pressure around alcohol?	What are STIs?	What other forms of contraception exist?	
Spring 2	21	How can I manage my personal hygiene?	Which common health conditions should I know about?	What does a democratic country look like?	What factors might affect a person's fertility?	What does stalking look like?
	22	What are the physical changes of puberty?	How can I help someone who has had an accident?	How else might a country be run?	What options does someone have if they are pregnant?	
	23	What happens during menstruation?	What is CPR, and how do defibrillators work?	What does the Cabinet do?	What happens during pregnancy?	Where can young people access sexual health services?
	24	How can I manage the changes of puberty?	Why is it important to use antibiotics responsibly?	What advice would I give to the Cabinet in an emergency?	Are all parents the same?	
	25	How can I share key information about puberty with young people?	How do vaccinations work?	Who in the UK holds the greatest power?	How might citizens become involved in the legal system?	Catch-up
	26	How can I share key information about puberty with young people?	Should vaccinations be compulsory?	How are those in power held to account?	How do courts decide on sentences?	
Summer 1	27	What is a risk?	What makes a great leader?	What is mental health?	Allow loss of lessons for Mocks	Exams
	28	How can I be safe on, and near, the road?	How can I work well in a team?	How can social media affect me?	Allow loss of lessons for Mocks	
	29	How can I be safe near train lines?	How can I solve problems successfully?	How can I support someone using unhealthy coping mechanisms?	What is international law?	
	30	How can I be safe around water?	How can I communicate more effectively?	How can I cope with grief?	What does the UK have to do with the Commonwealth?	
	31	How can I be safe online?	How can I meaningfully reflect on my actions?	How can I develop my resilience?	What does the UK have to do with the United Nations?	
Summer 2	32	What do young carers do?	What are my rights as a consumer?	How are our differences protected by the law?	What is phishing?	
	33	Can young people make a change?	Which documents can help me to keep track of my money?	How have attitudes towards sex and gender changed over time?	How do loans and mortgages work?	
	34	What is Parliament?	How can a budget help to manage my money?	How have attitudes towards sexual orientation changed?	Do I really need insurance?	
	35	How are political parties similar and different?	How effectively can I budget for a real-world scenario?	How have attitudes towards race changed over time?	What are pensions?	

	36	What happens in a General Election? 	How do bank accounts work?	How can I effect change? 	How are taxes calculated?	
	37	What would my platform for election look like? 	What are the potential effects of gambling?	How can I effect change? 	Where does the government spend our money?	
	38	What do MPs do? 	How can I ensure that my money is kept safe?		What is foreign aid?	

 Careers and Economic & Financial Education

 Citizenship Education

 Health Education

 Relationships & Sex Education

